



## Brigittes Dog School

10 Week Basic Class – Ground Rules and Training Program

# Ground Rules for Dog Training

To ensure a safe and productive environment during dog training sessions, the following rules must be observed by all dog handlers:

### **Lead Requirements**

All dogs are required to be kept on a lead at all times. The only exception to this rule is when a dog is participating in a specific exercise under the direct supervision of an instructor as part of the class activities.

### **Dog Interaction**

Dogs must not approach or meet each other outside of structured class exercises. A minimum distance of one metre should be maintained between dogs, except when directed otherwise by the instructor during supervised class activities.

### **Eye Contact**

Direct eye contact between dogs should be limited. Dogs should not hold eye contact with another dog for more than three seconds at any time.

All dog owners are required to pick up any droppings left by their dogs. Poop bags are available and can be requested from an Instructor.

Smoking is strictly prohibited on the school grounds and inside the hall. Please respect this rule to maintain a healthy environment for all attendees.

When attending classes, please be considerate of other class members if you need to take a call. Taking calls during class may cause you to miss out on important information and can disrupt others.

If you or your dog are feeling unwell, please do not attend classes. This helps to protect the health and wellbeing of all participants.

Please check in at the reception table in front of the hall prior to going to your class.



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### Week 1

- How to use the Halter and Lead correctly
- Voice Tones
- Perfect Position
- Sit
- Free

### Week 2

- Leadership
- Importance of Praise
- Sit, Step away, return
- Drop, Step Away, Return
- Food Refusal
- Hand Signals

### Week 3

- Revision of Weeks 1 and 2 with distraction
- Heel
- Learn about dogs body language
- Dog interaction
- Look
- How to reduce excitement when human comes home or visitors arrive

### Week 4

- How to get your dog to stop when you stop
- Heeling with distraction
- Recall
- How to correct your dog when your dog makes a mistake
- Boundaries
- How to stop jumping

### Week 5

- Stand
- Manners
- Safety around dogs
- Teach correct interaction between dogs - Practice this in class



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### Week 6

- Dog socialisation
- Recall from 2 metres
- Revision of exercises with distraction

### Week 7

- Dogs learn to leave toys or food on the ground
- Boundaries through doors and gates
- Distractions - Dog ignores
- Introduction to Tunnel work

### Week 8

- This week is revision of all exercises in different situations
- Tunnel Work
- Learn how to use weaving poles correctly
- Dogs learn how to jump over hurdles

### Week 9

- How to read strange dogs body language as they approach you or your dog
- Sit, Drop, Stand recall at 3 metres distance, while distractions are occurring
- Dogs in Class learn to greet another dog with good manners

### Week 10

- This week is revision of all lessons learnt and refine them
- Dogs enjoy using agility equipment
- Certificates handed out to Class